

Warsaw Campus
52 Campus Drive
Warsaw, VA
(804) 333-6700



Rappahannock
Community College

Glenns Campus
12745 College Drive
Glenns, VA
(804) 758-6700

Randi Harrell, Student Editor-In-Chief

Student Engagement Newsletter

Volume SP23, Issue 11

Tyhesha Smith, Student Engagement Specialist
StudentActivities@rappahannock.edu

March 2023



**Did
someone
say nuts?**

**March is
National
Peanut Month!
Help "Stock Squall's Stall!"**

RCC is joining community colleges throughout Virginia to collect peanut butter—and other nut butters—for local food pantries.

Bring your donations to the Welcome Desk at Glenns, Warsaw, or Kilmarnock from March 20 -24.

Peanut butter, almond butter, soy nut butter, sunflower butter and others are welcome. All donations will help stock Squall's Stall—RCC's own food pantry.



Sponsored by the Chancellor's Faculty Advisory Committee, SSA, Food Insecurity Committee.

National Aeronautics and Space Administration



Join Us to Learn About Opportunities at NASA Langley

Rappahannock Community College Warsaw & Glenss Campus Lecture Hall

04/12/2023 12:30 pm - 2:30 pm

NASA personnel will deploy across Virginia to visit and recruit students from community colleges.

NASA needs students from all degree programs:

Math, Computer and IT, Engineering, Physical Sciences, Marketing, Human Resources, Administrative, Finance, Accounting, Art, Technology, Robotics, Automotive, and General Education.

Opportunities for students will be showcased:

OSTEM Intern, Pathways Intern, Pre-Apprenticeship, Apprenticeship and Volunteer Programs.

NASA personnel will share their personal career path from community college to NASA.



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The Native Education Opportunities Summit

March 25, 2023, 10am - 4pm at Reynolds Community College (1651 E. Parham Rd.
Richmond, VA)

The summit is being held for prospective Native students and their families to learn about applying to college in Virginia and resources available at various Virginia institutions. Numerous schools have been invited to discuss applying, financial aid, and resources on each campus. Please register so that we may plan appropriately for the lunch and handouts. Virtual attendance is available

Registration link: <https://docs.google.com/forms/d/e/1FAIpQLSfgEFy-f7L4wB8kyliAaoq9vrtaG93jV4v2CHxkRK1H3fgiRA/viewform>

Virginia Latino Higher Education Network (VALHEN)

Free Professional Development:

VALHEN Encuentro Conference (March 31, 2023, 9:30- 2:00 PM at James Madison University) A free conference for college access professionals working with Latinx students in Virginia. This year the conference will include information on the Virginia Alternative State Aid Application from a representative from SCHEV, Fireside Chat with panelists from VSU, JMU, Northern Virginia CC, and Marymount University, and our keynote Jasmin Chavez Cruz (a former HCI alumni and currently working at White House Initiative on Advancing Educational Equity, Excellence, and Economic Opportunity for Hispanics). Registration is open until March 17. [Register today!](#)

Free Camps:

Latino Leadership Academy (June 22-24, 2023 at James Madison University)

Rising sophomores and juniors students are invited to apply to the Latino Leadership Academy (LLA) on the campus of JMU in Harrisonburg, VA for this three-day, two-night Leadership program. Applications are open until March 31st.

Hispanic College Institute (July 20-23, 2023 at Virginia Tech)

Rising junior and senior students are invited to apply to the Hispanic College Institute (HCI) on the campus of Virginia Tech in Blacksburg, VA for this four-day, three-night pre-college empowerment program where they learn to overcome both real and perceived barriers to college access. Applications are open until March 31st.

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JOB FAIR

Friday, March 31 | Saturday, April 1
9AM - 11AM

100 Entertainment Dr., Irvington, VA 22480

**WE'RE HIRING FOR
ALL POSITIONS!**

- Part-time
- Full-time
- Regular and seasonal!

Come join our team!

 **COMPASS**
ENTERTAINMENT COMPLEX



 **COMPASS**
CINEMA SIX

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**Transfer your credits
for **Fall 2023** and
we'll waive your
application fee.**

Use promo code: ROAR



ODUGlobal
OLD DOMINION UNIVERSITY.

Code applies for Fall Enrollment 2023 ONLY. Offer expires 07/31/23

More information can be found on our website:

<https://online.odu.edu/transfer-roar>

Spring Career Fair



**Find out about area job opportunities.
SUCCESS STARTS AT RCC!**

Glenns Campus

APRIL 19

2:00 pm - 5:00 pm
Student Lounge

Warsaw Campus

APRIL 26

2:00 pm - 5:00 pm
Student Lounge

**If you're a business who would like to participate in the
Spring Career Fair, please register by April 12, 4:00 pm.**

To register or for more information,
contact Tyhesha Smith at
tsmith@rappahannock.edu

StudentActivities@rappahannock.edu

Study Buddies is here!

What is Study Buddies?

Navigate's online tool to help you connect with classmates and study partners!

Register for Study Buddies:

- ✓ **Download** the free Navigate app in the App Store or Google Play by searching "Navigate Student."
- ✓ **Open** the Navigate Student app, select Rappahannock Community College, enter your myRCC credentials.
- ✓ **Follow** the directions to complete set up. Scroll down to "Explore" and select "Study Buddies."

Your classes will be listed. Each class shows how many students are already in a study group. You will either join an existing group or start one.

If you need help connecting with Study Buddies, email studenthelpdesk@rappahannock.edu.

**MAKE IT
A GREAT
SEMESTER!**

Students who study in groups learn 2.5 times more than those who study alone!



StudentActivities@rappahannock.edu

**Board games, bingo, card games,
PlayStation, prizes, and more!**

Snacks and drinks provided.

**GAME
NIGHT**

Sponsored by RCC Student Activities.

APRIL 11

**Warsaw Student Lounge
4:00 pm to 7:00 pm**

APRIL 18

**Glenns Student Lounge
4:00 pm to 7:00 pm**



Scan the code to register. For more information
email studentactivities@rappahannock.edu

 **Rappahannock**
Community College

StudentActivities@rappahannock.edu

GET INVOLVED!

Students! Are you Interested in joining clubs at RCC?

If so please fill out the link below to show any interest

OR

If you have your own idea of what you would like to have at RCC.

https://docs.google.com/forms/d/19UiZXOnIU-sjVwyyKYPIdaQl0_qBkqCPmIZ-24VIN5M/edit?usp=drivesdk



Do you like writing and editing?

Want to add to your resume? RCC is looking for volunteer editors to help run a student academic journal.

On campus students and online students are welcome!

Duties could potentially include:

- ◇ Contacting student writers and working with them to edit their submissions
- ◇ Designing the journal layout
- ◇ Promoting the journal for submissions

If you are interested, please contact: **Professor Amber Dinquel**
adinquel@rappahannock.edu

We are aiming for a late Spring
2023
release for our first edition

StudentActivities@rappahannock.edu

The Affordable Connectivity Program

Provides eligible households with a discount on broadband service and connected devices. Anyone receiving a Federal Pell Grant during the current award year qualifies. Call 877-384-2575

<https://www.fcc.gov/acp>

The Benefit provides:

- ⇒ Up to \$30/month discount for internet service
- ⇒ Up to \$75/month discount for households on qualifying tribal lands
- ⇒ A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider.



RCC is providing an additional \$250 grant per semester to students whose households are participating in the FCC's Affordable Connectivity Program.

(<https://www.affordableconnectivity.gov/>)

The grant will be applied to a student's account. RCC anticipates funds to be available for spring and fall 2023 or until budget is exhausted.

To receive the grant, complete the following survey by March 27, 2023 and upload a copy of a recent cable bill for a student's primary residence that indicates participation (credit reflected) in the ACP program.



Scan for survey or log onto
<https://forms.gle/z9ntbDctYLH8nXPz9>



Provides shelter and services

The haven is committed to preventing and eliminating all types of domestic violence and sexual violence. Support is available in the following counties:

[Westmoreland, Richmond, Essex, Lancaster, and Northumberland](#)

For more information visit
<https://www.havenshelter.org>

24/7 Confidential Hotline:
1-800-22HAVEN(4236)

Do you have health insurance? If not, the Gloucester Mathews Care Clinic is here for you. GMCC provides integrated health care for uninsured and Medicaid patients at little to NO cost. That means our doctors and nurses, pharmacy, dental clinic, and mental health care providers are all under one roof. Please give us a call at (804)210-1368 or visit gmccareclinic.com/patients to learn more about how to become a patient at GMCC.



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What is TimelyCare?

Access to 24/7 mental health support for all VCCS students.

Who can use TimelyCare?

Any enrolled VCCS student can use TimelyCare.

What services are available?

TalkNow visits (24/7 mental health support) and Scheduled Counseling visits (3 per year, starting January 3, 2022) are available at no cost.

How do I log in?

Go to timelycare.com/vccs and follow the prompts.

**Mobile users will be directed to download the TimelyCare app.*

What can I be treated for?

Our counselors can treat/discuss a wide range of common conditions, and after talking to you, will decide on the best course of treatment.

Some common presenting issues are: stress and anxiety, relationships, and depression.

How much does a visit cost?

There is no cost to enrolled VCCS students.

I already have insurance and a primary provider, how does TimelyCare benefit me?

With TimelyCare, you will have free, 24/7 access to counselors from anywhere in the United States, so you'll never have to spend time or money looking for resources when you're away from home or campus.

Can I get a prescription?

Yes, if the provider deems it clinically appropriate.



Visit timelycare.com/vccs for additional information.

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Thrive Virginia will be providing supplemental meals during spring, summer, winter, and Thanksgiving breaks. You may know persons who may benefit with additional access to food for their families. **Please share the following link to those who may benefit from this service:**

https://customervoice.microsoft.com/Pages/ResponsePage.aspx?id=ef_1vww33EKB3eDKYN1ufLsNfyhf53FMiKqPo5slgdRUNUVJSU9VWFI3NVJTUVVGNEtMvVdTT01DWC4

NOW OPEN

SQUALL'S STALL

RCC Food Pantry

WARSAW & GLENN'S CAMPUSES

Open to RCC students,
faculty and employees.

Fresh, frozen, non-perishable
food items and personal hygiene
items are available.

The graphic features a white duck carrying a basket of groceries, a red banner saying "NOW OPEN", and a large orange bin overflowing with various food items like cans, boxes, and bags.



To schedule a food pantry request,
email foodpantry@rappahannock.edu or scan code.

Include:

- Name, phone#, ID# (if applicable)
- Number of persons in your household (adults and children)
- Known food allergies
- Preferred campus (Warsaw or Glenns)

NO PERSONAL INFORMATION IS RETAINED



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If you need food assistance, please visit one of the pantries listed below.

Pantry	Service Area	Address	Number	Distribution
Tappahannock 7th Day Adventist	ESSEX	1683 Tappahannock Blvd. Tappahannock, VA	443-5085	Wednesdays 12-3PM
Holy Tabernacle of God	LANCASTER	2445 Merry Point Rd. Lancaster, VA	462-0056	3rd Tuesday 1-3PM
Upper Lancaster Community Food Pantry	LANCASTER	8484 Mary Ball Rd. Lancaster, VA	462-5908	2nd Thursday 2-6PM
White Stone Baptist	LANCASTER	549 Chesapeake Dr. White Stone, VA	435-1413	Tuesdays 1-3PM (only one visit per month)
Kilmarnock Baptist	LANCASTER & NORTHUMBERLAND	65 E. Church St. Kilmarnock, VA	435-1703	3rd Wednesday 1-4PM
White Stone Church of the Nazarene	LANCASTER & NORTHUMBERLAND	57 Whisk Dr., White Stone, VA	435-9886	2nd Saturday 8-10AM
Wicomico United Methodist	LANCASTER & NORTHUMBERLAND	5060 Jessie DuPont Memorial Hwy. Wicomico Church, VA	436-4252	3rd Wednesday 3-5PM
Clarksbury United Methodist	MIDDLESEX	15924 Gen. Puller Hwy, Deltaville, VA	776-6060	1st Saturday 9-11AM
Hands Across Middlesex	MIDDLESEX	7485 Gen. Puller Hwy, Locust Hill, VA	758-2044	2nd Tuesday 10AM-4PM 3rd Saturday 9AM-12PM 4th Tuesday 10AM-7PM
Union Shiloh Baptist	MIDDLESEX	Rt. 17, Jamaica, VA	758-4865	1st Tuesday 8:30-10:30AM
Gleamers and Blenders	NORTHUMBERLAND	16097 Nbland Hwy. Burgess, VA	761-7783	2nd, 3rd & 4th Thursday 10AM-12PM
Melrose United Methodist	NORTHUMBERLAND	1317 Lewisetta Rd. Lottsburg, VA	529-6344	3rd Saturday 9-11AM
Callao Rescue Squad	NORTHUMBERLAND	1348 Northumberland Hwy. Callao, VA	529-6630	4th Sunday 2-4PM
Bethany Baptist	RICHMOND WESTMORELAND NORTHUMBERLAND	16256 Richmond Rd. Callao, VA	529-6890	3rd Friday 9-11AM
Farnham Baptist	RICHMOND & UPPER LANCASTER	4632 Farnham Creek Rd., Farnham VA	394-9630	2nd Tuesday 1-3PM
Emmanuel Christian Fellowship	RICHMOND & WESTMORELAND	440 Emmanuel Church Rd. Warsaw, VA	313-2022	4th Saturday 9:30-11:30 AM
Warsaw United Methodist	RICHMOND & WESTMORELAND	287 Main St. Warsaw, VA	333-3220	The Friday after the 1st Thursday 8AM-12PM
Colonial Beach Baptist	WESTMORELAND	10 Garfield Avenue	224-7555	Every Thursday 10AM-12PM
Ebenezer Church	WESTMORELAND	144 Ebenezer Church Rd. Oldhams, VA	472-4642	3rd Saturday 9-11AM
Little Zion Baptist Food Pantry	WESTMORELAND	7748 Leedstown Rd. Oak Grove, VA	224-0418	3rd Saturday 9-10:30AM
Oak Grove Baptist Church	WESTMORELAND	8096 Leedstown Rd. Colonial Beach, VA	224-9695	1st Sunday 1-3PM
St. James Episcopal	WESTMORELAND	15870 King's Hwy. Montross, VA	493-8285	2nd Saturday 9-12PM
St. Mary's Episcopal	WESTMORELAND	203 Dennison St. Colonial Beach, VA	224-7186	2nd & 4th Monday 10AM-12PM